

Our Commitment to Quality Outpatient Therapy

Our Center's Outpatient Therapy program can be tailored to meet your busy schedule. Our goal is to assist you on your road to recovery, helping each patient return to their prior level of function.

With a diverse team of licensed rehab professionals, we can use a combination of traditional techniques as well as the latest technology available to achieve your personal goals. Please stop by our center anytime to meet our therapy staff and learn how we can help you reach your maximum potential.

We offer flexible scheduling to meet your needs and accept Medicare and many other insurance plans.

For more information about our center's Outpatient Rehabilitation services please call 904-766-2297, or visit our website at www.JacksonvilleNursingandRehab.com



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JACKSONVILLE NURSING & REHAB CENTER

Outpatient Therapy



Joint Commission Accredited

Choosing the Road to Recovery...



Who We Are

We are rehabilitation care providers that offer convenient outpatient services, for patients who are recovering from surgical procedures, long-term chronic disorders, and those that are experiencing difficulty maintaining independence in activities of daily living.

Services

Our services include Physical, Occupational, and Speech therapy provided by our highly-trained state-licensed professionals. Our clinicians evaluate and treat each patient on a one-on-one basis, and utilize the latest technology and variety of evidence-based treatments to help each patient reach their optimal level of function.



Physical Therapy

Our Physical Therapists help patients to regain their strength and balance, prevent falls, increase range of motion, and decrease pain. Through therapeutic programs, patients can increase their strength, muscle function, coordination, balance and mobility.

Occupational Therapy

Our Occupational Therapists help patients to safely and independently perform activities of daily living, including cooking, bathing and dressing. Using a wide range of interventions, our therapists adapt tasks and modify the environment to enhance each patient's ability to function in their physical and social environment. They provide treatments for strength, functional activity tolerance, range of motion, coordination and balance, as well as therapeutic activities to improve memory, orientation, cognitive integration and daily life skills.

Speech Therapy

Our Speech Language Pathologists design treatment plans to address communication problems, memory loss and swallowing dysfunction. Treatment plans can focus on comprehension skills for written and verbal communication as well as cognitive status, which may include memory, orientation and reasoning skills. For patients with swallowing disorders, speech language pathologists also work to address oral muscle strength and function for safe eating and drinking.



Our Treatment Programs include (but are not limited to):

- ◆ Fall Management
- ◆ Cardiopulmonary Rehab
- ◆ Neurorehabilitation
- ◆ Orthopedic Rehab
- ◆ Dementia Management
- ◆ Arthritis management
- ◆ Amputations
- ◆ Joint replacement therapy
- ◆ Neurological disorders
- ◆ Pain management
- ◆ Stroke rehab
- ◆ Vestibular/balance therapy